

Theory of Mind

The ability to take another's perspective or "put yourself in their shoes".

Difficulty Explaining Own Behaviours

Difficulty Understanding Emotions

Difficulty Predicting the Behaviour or Emotional State of Others

Problems Understanding Perspectives of Others

Problems Inferring the Intentions of Others

Lack of Understanding that Behaviour Impacts How Others Think and/or Feel

Problems with Joint Attention and Other Social Conventions

Problems Differentiating Fiction from Fact



Geneva Centre for Autism
Where hope takes us

Theory of Mind



Strategies

Teach the Concepts of Feelings and Emotions

Teach Awareness that Others have their Own State of Mind

Teach How to Read Non-Verbal Cues

Review Different Perspectives

Practice Social Situations

Role Play/Rehearse

Support Abstract Concepts with Scripts and Visual Aids

Adapted from:

Asperger Syndrome and Difficult Moments

By Brenda Smith Myles, Jack Southwick