**A Special Grace Games and Activities**

**Emotion Figure: Create a stick figure person using sticks – 1 for torso, 4 for limbs. Use yarn or string to lash on limbs. Use soda bottle caps for a head and glue it on. Trace circles of paper the size of the interior of the bottle cap. Talk about emotions as you help each participant create a variety of faces showing different emotions. The faces can be pushed into the bottle cap to be the face of the figure. Faces can be changed as emotions changed. Emotion Figure can then be used to help process and identify what a participant is feeling throughout the time together.**

**Soother Bottles: Fill an empty soda or water bottle with ¾ water, ¼ vegetable or mineral oil. Then have fun putting in glitter, small foil tags, and tiny icons. Finish by taping or gluing bottle cap firmly closed. Turn bottle from side to side to admire the flowing patterns. Great for self-soothing.**

**All About Me: Draw outline of child on large paper. Using drawings, decoration (even books on the meaning of names) have participants describe themselves.**

**Bible Quotes: Cut up yoga mats to make large square or circles. Using an eraseable marker, write one word of a bible passage on each. Have participants jump from mat to mat in order while reciting the Bible Quote**

**Comic Strips: Illustrate a bible story in comic strip format**

**Sensory Prayer Stations: Create 7 stations for praying – one with beads and string for making prayer beads, one with clay/Playdoh for sculpting, one with pictures, one with a finger labyrinth, one with chocolate for tasting, one with bird seed to spread (intercessory prayer for creation), and one with essential oils to smell**